

## **What's on in February 2026?**

**Drop-in area: all welcome pop in for a chat and cuppa**

**Monday Thursday 10:00 – 16:00 Friday 10:00 – 14:00**

### **Main Hall:**

**Monday: Improve mood and Balance with TAI CHI 10.00- 11.00**

**Gentle movement with ambient music. Suitable for all levels.**

**Minimum donation £3.00 All welcome.**

**Fun Strum 11.15 -12.30 weekly. Fun strum Ukuleles and Guitars.**

**No Uke we will lend you one. Don't like to strum come for the singing. Beginners welcome.**

**Every Monday starting lunchtime between 12:00 and 14:00 we've got soup and bread to warm you up. Donations gratefully received.**

**Afternoon – Weekly Word/Board/Card Games 13:00-16:00. Come along and join in; all are welcome.**

**Evening – Sosa 18:30 -19:30 Donation £2 minimum. All welcome.**

**Hall booked from 19:30-21:30.**

### **Tuesday:**

**Morning – Weekly Gentle Movement 10:00 -11:00 Class full by referral only.**

**Afternoon – Main Hall Weekly Rothesay Bridge Club 14:00 -17:00 members only. See website for details. [rothesaybridgeclub.com](http://rothesaybridgeclub.com)**

**Sosa dance fitness class 11:30 – 12:30 Donations £2 minimum.**

**This engaging and energetic class invites everyone, regardless of their dance experience, to join in on the fun. Whether you are a seasoned dancer or just starting out, you will benefit from the lively atmosphere and uplifting music. All welcome. Come and bring your friends for a great time while working out and staying fit!**

**Evening – Weekly Pilates 17:30 –18:30 Class full.**

**18:30 –21:00 booked out**

**Wednesday:**

**Morning – booked out.**

**Every Wednesday lunchtime between 12:00 and 14:00 we've got soup and bread to warm you up. Donations gratefully received.**

**Afternoon – 13:30 – 14:30 Sing – along weekly. All welcome.**

**Evening – The Chloe Aiken School of Dance Senior highland 16:30 – 19:00.**

**Thursday:**

**Morning – Seated Sosa 10:00 – 11:00 donations minimum £2**

**Chair yoga starts back 11:30 –12:30 cost £3.00 or donation.**

**Afternoon – Weekly writers group – have fun writing! 13.15 – 15.00**

**Evening – Weekly Rothesay Bridge Club 18:45 – 21:45 members only; see website for details: [rothesaybridgeclub.com](http://rothesaybridgeclub.com)**

**Friday**

**Morning – Drop in 10.00 – 13.00 We are Jamming.**

**Music Jam session all instruments.**

**Music and contributions for breakfast rolls are greatly appreciated.**

**10:00 –12:30 hot filled rolls (bacon & sausage) available  
donations gratefully received.**