

What's on in December 25 & January 26?

The Lade Centre will be closed

25 26 December 2025

01 02 January 2026

Drop-in area: All welcome pop in for a chat and cuppa Monday Thursday 10:00 - 16:00 Friday 10:00 - 14:00

Volunteering at the Lade Centre if you have a few hours spare we are looking for volunteers on Monday and Wednesday afternoons 13.00 -16.00. Thursday morning 10.00 - 13.00.

Main Hall:

Monday: Morning -

Improve mood and Balance with **TAI CHI** 10.00- 11.00 Gentle movement with ambient music. Suitable for all levels. Minimum donation £3.00 All welcome.

No class 22 ,29 Dec 05 Janaury.

Weekly 11:15 - 12:30 Fun strum Ukuleles and Guitars. No Uke we will lend you one. Don't like to strum come for the singing. Beginners welcome.

Every Monday lunchtime between 12:00 and 14:00 we've got soup and roll to warm you up. Donations gratefully received.

Afternoon - Word/Board/Card Games 13:00-16:00. Come along all welcome.

Sosa 18:30 -19:30 Donation £2 minimum. All welcome. No class 22, 29 Dec 05 Jan.

Private hire 1930 -21:30.

Tuesday: Morning- Weekly Gentle Movement 10:00 -11:00 max 8 by referral **class full.**

Sosa dance fitness class 11:30-12:30 Donations £2 minimum.

All welcome. Come and bring your friends for a great time while working out and staying fit!

No Class 23, 30 Dec 06, Jan.

Afternoon - Rothesay Bridge Club 14:00 -17:00 members only, see website for details

rothesaybridgeclub.com

Evening - Weekly Pilates 17:30 18:30 Class full.

Private booking pending 18:45-21:00

Wednesday: Morning - hall booked 10:00 -12:00

Every Wednesday lunchtime between 12:00 and 14:00 we've got soup and roll to warm you up. Donations gratefully received.

Afternoon - 13:30 - 14:30 Sing - along weekly all welcome.

Evening - The Chloe Aiken School of Dance 17:30 - 20:30.

Thursday: Morning - Seated Sosa 10:00 -11:00 donations minimum £2. Class full.

Class finishes 18th Dec and restarts 15th January 2026.

Chair yoga 11:30 -12:30 cost £3.00 or donation. No class 17, 24 31 Dec. 01 Jan .

Afternoon - Weekly writers' group have fun writing! 13:15 -15:00 All welcome.

Evening - Rothesay Bridge Club 18:45 - 21:45 members only, see website for details
rothesaybridgeclub.com

Friday Morning

Drop in 10.00 - 13.00 We are Jamming.

Music Jam session all instruments.

Music and breakfast roll donations welcome.

10:00 -12:30 hot filled rolls (bacon & sausage) available donations gratefully received.